

# Veridia Cosmetic Tattoo *(Veridia INC)*

## Micropigmentation Pre-Procedure Information & Care

**Congratulations!** You are making an investment in yourself. We are confident that this procedure will put a pep in your step and make you feel great about yourself. Before beginning, let's make sure you are a good candidate for micropigmentation and help you understand what to expect. We want to make sure you get great results, which also requires that you follow appropriate pre- and post care instructions.

**It is very important that you read ALL of the information in this document, answer, sign it BEFORE your procedure. This confirms that you understand our policies. We cannot do your procedure without it. Thank you for your understanding!**

**Medical Questionnaire:** (Please answer honestly)

YES/NO Do you take aspirin DAILY or for blood thinning? (Dont take for 48 hrs before procedure.)

YES/NO Have you been on steroids or antibiotics the past 2 weeks? Please specify.

YES/NO Have you taken any form of mood altering medication/substance in the last 10 hrs?

YES/NO Have you had a chemical peel in the last 30 days?

YES/NO Have you had any injectable fillers such as BOTOX, Juvederm, Restylane? When?

YES/NO Has healing ever been a problem?

YES/NO Have you had any complications from a previous cosmetic tattoo or tattoo service? Why?

YES/NO Do you have diabetes?

YES/NO Do you wear contacts? They cannot be worn for any eye procedure.

YES/NO Do you have any allergies to metal?

YES/NO Do you have any latex allergies?

YES/NO Do you have any allergies to products containing "caine" in the name?

YES/NO Do you have or have had AIDS/Hepatitis?

YES/NO Do you have ocular herpes or herpes of the lip? Cold sores?

YES/NO Heart condition?

YES/NO Keloid formations or scarring?

YES/NO Any form of cancer? If yes, are you doing radiation/chemo?

**LIST ALL MEDICATIONS/OVER THE COUNTER MEDICATIONS:**

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#### Restrictions -

- **Retinol/Retin-A** must be discontinued 7 days prior to procedure. (It will cause the skin to bleed).
- **Injections** (Botox, Radiesse, JuvaDerm, Voluma, etc.) must be done 2 weeks before or 2 weeks after procedure.
- **Chemical peels** and **laser treatments** may not be done within 60 days before or after procedure.
- **The use of Latisse®** must be discontinued *at least* 3 months prior to your eyeliner procedure (it creates an inflammatory response, causes excess bleeding and prohibits the eyeliner from healing well).
- **Sunburned** or **Suntanned skin** is damaged skin and therefore will cause excessive bleeding. We CANNOT work on sunburned or suntanned skin.
- **You cannot expose the area to the sun** for up to 10-14 days after the procedure.
- **Stay out of steam rooms, saunas, hot yoga, swimming pool**, etc. for one week following procedure.
- **Avoid working out or sweating for 1 week post procedure.** (sweat will prevent pigment from healing into the skin)
- **Avoid alcohol and caffeine 1 day before procedure** to minimize any oozing, bleeding or swelling.
- **Do not take aspirin, ibuprofen, niacin, fish oil or vitamin E** 2 days prior to procedure unless medically necessary

**ALL SEMI-PERMANENT COSMETIC PROCEDURES ARE MULTI-SESSION PROCESSES.** An initial application is incomplete until after a follow-up appointment, which must be scheduled approximately 4-6 weeks after your initial appointment. There is no additional charge for the follow-up appointment after your initial application as long as it is performed within 4-6 weeks of the initial application. **(If you CANCEL your touch up session, you will be responsible for your touch up (\$150). Perfecting sessions later than 6 weeks are also \$150 unless approved.)**

**WHILE YOUR SKIN HEALS, BE PREPARED FOR THE COLOR INTENSITY OF YOUR PROCEDURE TO BE SIGNIFICANTLY LARGER, SHARPER, BRIGHTER, OR DARKER** than what is expected for the final outcome. This is a normal and expected result of the application and healing process. The healing process will take a number of days to complete, depending on how quickly the outer layer of your skin exfoliates and new skin regrows to take its place.

Since delicate skin or sensitive areas may swell slightly or redden, some clients feel it best not to make social plans for a day or two following any procedure. Wear your normal makeup and bring your lip or brow pencils with you the day of the procedure.

Please be aware that in order to ensure we choose the right color pigment, we may need to remove

any foundation or concealer you are wearing to see the true undertone of your skin.

**VERIDIA COSMETIC TATTOO POLICIES** are as follows:

**CLIENT-ONLY IN THE PROCEDURE ROOM:**

Though a friend or family may accompany you to your appointment, we have learned it is best that they do not sit-in on your procedure. It is important that your provider is able to have her full focus on you, the client. Friends and family tend to be a distraction for both the client and artist.

**CANCELLATION POLICY:**

Micropigmentation is a time-intensive service. In booking your appointment, we are reserving a designated amount of time specifically for you. We require a \$100 deposit in order to reserve this time for your appointment.

***Cancelled touch up appointments will be deemed forfeit, touch up fee will be required. (\$150)***

**RIGHT TO REFUSE TREATMENT:**

Though it is *extremely* rare, we reserve the right to refuse treatment for the following reasons:

- Undisclosed skin condition (including sunburn/suntan)
- Under the influence of drugs or alcohol
- Any behavior which, in the opinion of the artist that might compromise the artist's ability to work safely and comfortably toward the desired results, or might disrupt other clients.

**Pre-Procedure Instructions**

**Eyebrows:**

Avoid tweezing, waxing, electrolysis, and coloring your brows for two weeks prior to the procedure. This will allow your technician the most flexibility to achieve optimal results.

Please be aware that we will remove your foundation and concealer to determine your true undertones.

This is vital for us to choose the right color.

I offer several different options of eyebrow pigmentation lasting from several months to several years. (Microblading vs. traditional micropigmentation). We offer hair strokes, hair strokes with shading and fully shaded brows. Jennifer will discuss the best options for you depending on your skin

### **Eyeliner:**

- **Do not wear contact lenses during or immediately following your eyeliner procedure.** Remember to bring your glasses. You may resume wearing your contact lenses as soon as your eyes return to their pre-treated condition.
- **The use of Latisse®** must be discontinued *at least* 3 months prior to your eyeliner procedure. Latisse® produces an inflammatory reaction in the skin, which causes excessive pain and bleeding. If you use Latisse®, your eyeliner will not take properly.
- **Do not use other growth stimulants** such as RapidLash®, or RevitaLash® for at least one week prior to or one week after your eyeliner procedure.
- **Lash extensions must be removed completely before your eyeliner procedure.** If you have lash extensions, we will not be able to do your eyeliner. Lash extensions pose a danger to your eyes during the micropigmentation procedure.

### **Lips:**

If you have any history of cold sores, fever blisters, or herpes simplex, you **must** contact your physician to obtain and take the proper prescription medication to prevent such outbreaks for at least 4 days before and after the procedure. Many physicians prescribe 12 capsules of 500mg Valtrex. Follow your physician's instructions and take the medication prescribed before your appointment.

**Micropigmentation is a process. Two or three sessions may be required to achieve the desired results. It is not uncommon to lose up to 70% of the color after the first session.**

Please be aware that having a procedure done while on your menstrual cycle can make you hyper-sensitive at the procedure site.

You will be given detailed after-care instructions at the time of your procedure. Please call or email us with any other questions you may have!

**We look forward to seeing you soon!**

I have been made aware of the contraindications and restrictions of micropigmentation and agree with Veridia Cosmetic Tattoo (Veridia INC) policies.

Print Name: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_